



NEURO-RENAISSANCE PROGRAM

Precision neuro-wellness for focus & mental clarity



PRECISION NEURO-WELLNESS

A Journey Designed for Clarity & Longevity

To extend your health span, optimize brain wellness, and empower your lifelong performance through science, serenity, and Swiss precision. At our high-altitude sanctuary, brain-health is elevated to an art form. Here, cutting-edge cellular science meets holistic care — crafted under the precision and discretion for which Switzerland is renowned.



THE FOUNDATIONAL CONCEPT

EACH PROGRAM IS BUILT ON A 3-TIER STRUCTURE

1

TIER 1 | CLARITY RESET

Experience enhanced alertness, improved mood, reduced brain-fog.

2

TIER 2 | NEURO-OPTIMIZE

Experience improved cognitive performance, detoxified system, elevated mood & focus.

3

TIER 3 | NEURO-REGENESIS

Experience neuro-regeneration, improved cognition, emotional balance, and longevity.

All tiers are **medically supervised, biomarker-driven**, and **completely individualized** to your biological profile and lifestyle.



TIER I - CLARITY RESET

Focus: Rapid Brain Regeneration & Cognitive Clarity

Program Duration: 2 Days

CORE COMPONENTS

Medical Consultation & Diagnostics: Blood Test & Bio-Energetic Evaluation

- Medical evaluation including designing therapy plan
- Mini blood panel: B-vitamins, electrolytes, oxidative stress
- Cognitive & stress assessment (questionnaire + Check Medical + HRV)

IV and Ozone - Infusions (1-2 Sessions)

- **"Clarity & Focus" IV:**

B-Complex, Magnesium, Vitamin C
Acetyl-L-Carnitine, Alpha-Lipoic Acid
Glutathione push (optional)

- **"Ozone Infusion" IV**

Bio-Energetics Therapy Integration:

- Personalized Bioresonance session
- Audiocolor & Neurofeedback
- LED light & BrainTap

Therapies are performed in a bio-individualized way and may change according to the diagnosis and requirements of each person.



TIER I - CLARITY RESET

Focus: Rapid Brain Regeneration & Cognitive Clarity

Program Duration: 2 Days

Supporting Therapies

- Supplements & herbal tinctures
- Mindfulness + guided breathing
- Light movement (yoga or walk)
- Gourmet brain-boost meal

Holistic Add-Ons

- Neuro-Regenerative therapies - IV exosomes, peptides
- Homeopathic & Bio-energetic ampoules - Injections
- Specialized Bio-Neural therapy
- Inuspheresis - Detox and regeneration
- Hyperbaric Oxygen Therapy (HBOT)

Luxury Touches

- Private treatment suite
- Aromatherapy
- Concierge nutrition

Therapies are performed in a bio-individualized way and may change according to the diagnosis and requirements of each person.



TIER II - NEURO-OPTIMIZE

Focus: Cognitive Performance, Mitochondrial & Detox Support

Program Duration: 4 Days

CORE COMPONENTS

Advanced Diagnostics: Blood Test & Bio-Energetic Evaluation

- Comprehensive medical evaluation including designing therapy plan
- Full blood & micronutrient panel
- Cognitive & stress assessment (questionnaire + Check Medical+ HRV)
- Toxin load assessment

IV and Ozone - Infusions (3-4 Sessions)

- **Clarity & Focus IV** — B-Complex, Mg, ALA, Acetyl-L-Carnitine
- **Detox & Recovery IV** — Glutathione, NAC, Zinc, Selenium
- **NAD+ & CoQ10 IV** — for mitochondrial & neuronal energy

Bio-Energetics Therapy Integration:

- Personalized Bioresonance session
- Audiocolor & Neurofeedback
- LED light & BrainTap

Therapies are performed in a bio-individualized way and may change according to the diagnosis and requirements of each person.



TIER II - NEURO-OPTIMIZE

Focus: Cognitive Performance, Mitochondrial & Detox Support

Program Duration: 4 Days

Supporting Therapies

- Supplements & Herbal tinctures
- Mindfulness + guided breathing
- Light movement (yoga or walk)
- Gourmet brain-boost meal
- Personalized nutrition consultation

Holistic Add-Ons

- Neuro-Regenerative therapies - IV exosomes, peptides
- Homeopathic & Bio-energetic ampoules - Injections
- Specialized Bio-Neural therapy
- Inuspheresis - Detox and regeneration
- Hyperbaric Oxygen Therapy (HBOT)

Luxury Touches

- 5-star lodging
- Private chef menus
- Evening sound therapy or massage

Therapies are performed in a bio-individualized way and may change according to the diagnosis and requirements of each person.



TIER III - NEURO-REGENESIS

Focus: Full Regenerative Neuro-Wellness & Longevity

Program Duration: 7 Days

CORE COMPONENTS

Comprehensive Diagnostics

- Comprehensive medical evaluation including designing therapy plan
- Advanced lab panel + toxin load + oxidative stress markers
- Hormone profile, inflammatory markers
- Genetic & epigenetic analysis (optional)
- Cognitive & stress assessment (questionnaire + HRV)

Advanced Diagnostics: Blood Test & Bio-Energetic Evaluation

- Comprehensive medical evaluation including designing therapy plan
- Full blood & micronutrient panel
- Cognitive & stress assessment (questionnaire + Check medical+ HRV)
- Toxin load assessment

IV and Ozone - Infusions (3-4 Sessions)

- Clarity & Focus IV
- Detox & Neuro-Recovery IV
- NAD+ & Longevity IV
- Mitochondrial Energy IV (CoQ10, B-vitamins, L-Carnitine)
- Phosphatidylcholine Membrane Repair IV

Therapies are performed in a bio-individualized way and may change according to the diagnosis and requirements of each person.



TIER III - NEURO-REGENERATION

Focus: Full Regenerative Neuro-Wellness & Longevity

Program Duration: 7 Days

Bio-Energetics Therapy Integration:

- Personalized Bioresonance session
- Personalized Matrix detox and regeneration therapy
- Audiocolor & Neurofeedback
- LED light & BrainTap

Supporting Therapies

- Supplements & Herbal tinctures
- Mindfulness + guided breathing
- Light movement (yoga or walk)
- Gourmet brain-boost meal
- Personalized nutrition consultation

Holistic Add-Ons

- Neuro-Regenerative therapies - IV exosomes, peptides
- Inuspheresis - Detox and regeneration
- Hyperbaric Oxygen Therapy (HBOT)
- Homeopathic & Bio-energetic ampoules - Injections

Therapies are performed in a bio-individualized way and may change according to the diagnosis and requirements of each person.



TIER III - NEURO-REGENESIS

Focus: Full Regenerative Neuro-Wellness & Longevity

Program Duration: 7 Days

Holistic Add-Ons (continued)

- Specialized Bio-Neural therapy
- Personalized nootropic & supplement plan
- Functional nutrition & detox plan
- Sleep optimization coaching
- Yoga, breathwork and guided meditation

Add Ons & Custom Enhancements

- Genomic and microbiome testing
- Personalized nootropic infusion add-ons
- Longevity assessment & anti-aging IV boosters
- Post-stay remote monitoring and monthly booster infusions

Luxury Touches

- Villa suite stay
- 24/7 private medical concierge
- Art therapy
- Curated wellness excursions in nature

Therapies are performed in a bio-individualized way and may change according to the diagnosis and requirements of each person.



SoulSpring Gstaad

Nestled amongst beautiful nature and top-tier amenities, SoulSpring Gstaad is part of a global network of advanced biological medicine clinics and sanctuaries dedicated to uncovering what makes you uniquely you.

We design unique healing therapies, combining breakthrough medical technology with the expertise of elite integrative practitioners to deliver deeply personalized care that goes beyond symptoms. SoulSpring Gstaad is wellness powered by science, guided by nature, and refined for those who expect more.

soulspring.world