



WHOLESOME BEAUTY PROGRAM

Give your skin the love it deserves



RADIANCE FROM WITHIN

Truly Natural Skincare

Our skincare approach works from within to restore luster, smooth your complexion, repair damaged cells, and visibly tone and lift your skin. Experience a rejuvenation that reduces wrinkles, enhances elasticity, and reveals a vibrant, renewed you.



WHOLESOME BEAUTY

3 STEP PROGRAM

Repair - Elevate - Illuminate

1

DETOXIFY

2

REGENERATE

3

UPBUILD



WHOLESOME BEAUTY

1.5 Days | 3 Days | 5 Days



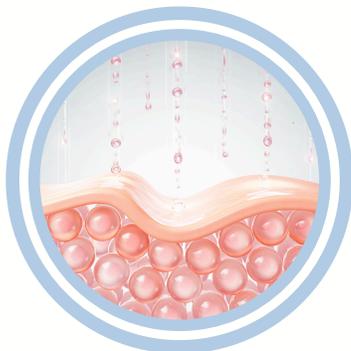
Core Elements

- Comprehensive medical & anti-aging diagnostics - Check Medical, HRV
- IV therapies designed for micronutrient restoration and cellular detox
- Anti-aging face lifting massage
- Nutritional & lifestyle coaching with sleep optimization



Bio-Individualized Therapies

- Personalized Bioresonance therapy
- Facial matrix detox & regeneration therapies
- BrainTap and LED light therapy
- Audiocolor and Neurofeedback
- Exosome-based regenerative therapy (if medically indicated)
- Targeted anti-inflammatory and antioxidant nutraceutical protocol



Benefits

- Repair damaged skin cells
- Reduce wrinkles
- Boost collagen and restore luster
- Brighten, tone and lift skin

Therapies are performed in a bio-individualized way and may change according to the diagnosis and requirements of each person.



SoulSpring Gstaad

Nestled amongst beautiful nature and top-tier amenities, SoulSpring Gstaad is part of a global network of advanced biological medicine clinics and sanctuaries dedicated to uncovering what makes you uniquely you.

We design unique healing therapies, combining breakthrough medical technology with the expertise of elite integrative practitioners to deliver deeply personalized care that goes beyond symptoms. SoulSpring Gstaad is wellness powered by science, guided by nature, and refined for those who expect more.

soulspring.world